




Evidence needed for re-accrediting setting... They can use policies from before if they have not changed and draw on examples from the last 12 months as evidence.




Standard		Evidence to provide	
<p>1</p> <p>Support and encourage positive oral health</p>	<p>a) Request details of children’s dentist and record on your settings registration forms/online systems.</p> <p>b) Conduct a dental audit;</p> <ul style="list-style-type: none"> • Identify how many children visit a dentist • Promote telephone numbers and websites for finding a local dentist • After 6-8 weeks count up and record number of children who have made an appointment or already visit with a dentist • Find out what your families know about Healthy Start by sharing this form; https://forms.office.com/e/L6RiyDiFiW Share the CDS Healthy Start video https://youtu.be/rwf7yjypQvU <p>c) Promote oral health by disseminating/displaying, for example:</p> <ul style="list-style-type: none"> • CDS health leaflets & 12 Top Tips for Teeth poster • Healthy Smiles programme information/poster • Sugar free medicine poster • Dental Check By 1 poster/information • Vitamin D information • Healthy Start scheme information www.healthystart.nhs.uk • 50 Things to do Before You’re 5 - share website where video can be watched and app 	<p>a) Settings registration form</p> <p>b) Audit results</p> <p>c) Photographs/parent packs/observation/newsletters/website</p> <p>d) Photographs/write ups</p> <p>e) Screen shots of where info has been shared</p>	<p>A – should already have this from last time</p> <p>B – no need to do an audit, use the reg/admission forms to share number of children registered in current cohort. How have they supported ones who do not to find a dentist, promote prevention and what to do in an emergency? Share healthy start video and form with families – screen shot.</p> <p>C – current display, website page or newsletters sharing most info on list including healthy start and 50 things app.</p> <p>D – how they have engaged families – photos? Brushing charts, display for parents, packs, shared info online etc</p> <p>E – subscribe to newsletter and show examples of where info has been shared – screen shot. Youtube channel – not checking subscriptions just that they know it is there!</p>

	<p>downloaded; 50 Things to Do Before You're Five in Oxfordshire. Also ask for feedback via form; https://forms.office.com/e/K973nLETy9</p> <p>All the above is available on request from your CDS OHIMP practitioner.</p> <p>d) Engage families in oral health activities e.g. create an oral health display, borrow oral health resources/props to use, give out weekly brushing reward charts or hold an oral health themed day.*</p> <p>e) Share OH information from CDS to families by; subscribing to monthly newsletter; https://forms.office.com/r/ikBB0WLpYk</p> <p>subscribing to CDS OHI YouTube channel; CDS Oral Health Improvement - YouTube</p>		
Standard		Evidence to provide	
<p>2</p> <p>Handwashing</p>	<p>a) Wash hands for at least 15 seconds using guidelines.</p> <p>b) Adults wash hands thoroughly before preparing food, before eating food, after going to toilet.</p> <p>c) Children to wash hands before eating food, after going to toilet and after outside/messy play.</p> <p>d) Use E-bug to deliver handwashing sessions - Early Years (phedigital.co.uk)</p>	<p>a) Setting's own handwashing policy or NHS guidelines.</p> <p>b) Display poster showing handwashing technique.</p> <p>c) Photo of children washing hands</p> <p>d) Evidence of lesson taking place</p>	<p>A – same policy as before or guidelines? If any policies are the same as before they can tell you to look in previous folder!</p> <p>B and C – list of when washing</p> <p>D – evidence of a hand hygiene lesson being taught – E-bug or something similar – photos, plans etc.</p>

Standard		Evidence to provide	
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 <p>Provide tooth friendly snacks, drinks and food based activities</p>	<ul style="list-style-type: none"> a) Food and drink offered between meals to be tooth friendly, sugar-free and should comprise a variety of textures. b) Water to be freely available for children to access throughout the day (tap water is most appropriate). c) All children to be encouraged to use an open top cup. d) Food based activities, particularly those that include preparing food, should have an emphasis on savoury foods. e) If preparing foods that include sugar, it should either be consumed at a meal time in the setting or parents should be encouraged to take it home and consume as part of a meal. 	<ul style="list-style-type: none"> a) Menus b) Menus/policy c) Policy/guidelines/ observation d) Policy/planning e) Policy 	<p>A – snacks? List, menu or photo. If a school EYFS how have they used raisins? Should not be having as a snack?!</p> <p>B – water and cups in photo</p> <p>D and E – evidence in planning or photos that it is savour, eaten with meal or sent home with slip.</p>
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Standard		Evidence to provide	
 <p>Develop, implement and adhere to 'Celebrations Guidelines'</p>	<ul style="list-style-type: none"> a) Celebrations held in between mealtimes need to be tooth friendly – this includes the food and drink provided, as well as any activities/games. Examples of non-food activities: using a birthday hat, toy birthday cake, birthday child chooses a story or song. b) Encourage parents to bring in tooth friendly items on birthdays, like fruit or non-food items such as stickers or book for class library. c) Infrequent/one-off events e.g. fairs/fetes, fundraising events etc, should have an emphasis on offering tooth friendly foods and drinks. 	<p>a,b,c)Policy/guidelines</p>	<p>A and B – policy from before? Still working? Evidence of how they shared this expectation/guidelines with new families.</p> <p>C – evidence of changes to events or photos of events with no sweets etc</p>

Standard		Evidence to provide	
<p data-bbox="85 161 197 268">5</p> <p data-bbox="85 320 309 501">Raise awareness of oral health to staff</p>	<ul style="list-style-type: none"> <li data-bbox="427 220 1178 320">a) In-situ whole setting approach for all staff including lunchtime cover and kitchen staff to complete healthy Smiles training. <li data-bbox="427 341 1178 442">b) Complete online training for healthy Start from Good Food Oxford. This can be run by a staff member at setting or CDS can facilitate. Healthy Start training: 30 minutes Healthy Start is a national government scheme which provides money through a payment card to eligible people who are pregnant or who have young children. That money can be used to buy milk, vegetables, pulses and formula. There are also free vitamins available. This session goes through the details of the scheme, will help you gain an understanding of the barriers many people face when it comes to accessing and using their Healthy Start card, and equip you to support them to overcome these barriers. <li data-bbox="427 788 1178 888">c) A Manager/Co-ordinator/Head Teacher or School Governor to attend a Healthy Smiles training session once every three years. <li data-bbox="427 909 1178 975">d) A member of staff to attend Healthy Smiles discussion group at least once a year. 	<ul style="list-style-type: none"> <li data-bbox="1283 220 1563 285">a) Attendance and certificates <li data-bbox="1283 306 1563 371">b) Date session was completed. <li data-bbox="1283 392 1563 458">c) Attendance CDS To arrange <li data-bbox="1283 478 1563 544">d) Attendance CDS to arrange 	<p data-bbox="1603 225 2152 290">A – our training – do evals. We see certs so no need to share with us.</p> <p data-bbox="1603 311 2175 724">B – one person can complete HS GFO training and share info. All staff at a staff meeting or they can join CDS who will facilitate! I have done a session at 3:45pm and one at 7pm about a month after start date. Offer it out in welcome email – link to MSform to sign up and send invite. Send link again a week before dates. Only lasts 20-25 mins. Anyone who completes needs to do the GFO evaluation. It asks for a pledge – this is just that the setting will share info on HS with families and anything else they want to do!</p> <p data-bbox="1603 729 2058 794">Must do eval so we can see they have completed this! No cert gets sent!</p> <p data-bbox="1603 799 2175 865">Anyone who do it with CDS can also request a certificate via the MSform – send after training!</p> <p data-bbox="1603 943 1951 975">C and D will be done by CDS!</p>
Standard			
<p data-bbox="85 1109 197 1216">6</p> <p data-bbox="85 1268 353 1300">Voice of the child</p>	<ul style="list-style-type: none"> <li data-bbox="394 1109 1205 1174">a) The child engages in small group activities that discuss and promote oral health experiences. <li data-bbox="394 1206 1205 1272">b) The child communicates positive experiences of oral health, including tooth brushing and visits to the dentist. <li data-bbox="394 1303 1205 1369">c) The child engages with tooth brushing songs and books in the setting. 	<ul style="list-style-type: none"> <li data-bbox="1238 1109 1563 1209">a) Session plans, policy, photos and observations <li data-bbox="1238 1241 1563 1342">b) Session plans, policy, photos and observations <li data-bbox="1238 1374 1563 1474">c) Session plans, policy, photos and observations 	<p data-bbox="1603 1109 2152 1241">A and B – we do need current or recent activities completed with the children on OH. Plans, photos and comments needed as evidence.</p> <p data-bbox="1603 1246 2163 1347">C – list of resources used to promote OH – link to our FF page to give them ideas to use with children!</p>

<p style="text-align: center;">7</p> <p style="text-align: center;">OPTIONAL</p> <p>Healthy Smiles +</p> <p>1. Implement a STB programme - EYFS</p> <p>2. Complete a Lunch box audit</p>	<p>1.</p> <p>a) Receive supervised toothbrushing programme training.</p> <p>b) Implement programme following CDS guidelines and training.</p> <p>2.</p> <p>a) Complete an audit of food at setting eg. Lunchboxes, snacks, breakfast club or after school club provision.</p>	<p>a) Attend training</p> <p>b) Support visit and call by OHI team member</p> <p>a) Use results from audit to make changes to allow more tooth friendly food environment/policy</p>	<p>Banbury or OX4/OX£ can have free resources! To do STB??? Training etc!</p> <p>Lunch box audit – send over the letter for them to add own logos to and send out 48 hours before audit to parents.</p> <p>Use the spreadsheet to write down exactly what is in lunch box, make, size etc so you can do a proper analysis. MUST take a photo of each box too – add to spreadsheet or separate. Setting sends spreadsheet and photos to CDS. CDS then analysis the results and shares with setting. Setting then evidence how they share this with parents.</p>
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References:

Delivering Better Oral Health: An evidence-based toolkit for prevention. (PHE) 2014 (updated March 2017)

Felton, A., Chapman, A. and Felton, S. (2014) Basic Guide to Oral Health Education and Promotion. Second Edition. Wiley Blackwell

NICE Guidance: Oral Health: local authorities and partners (2014)

Delivering Supervised Toothbrushing for Two, Three and Four Year Olds in Early Years Settings Dec 2016: “SMILES 4CHILDREN”

British Society of Paediatric Dentistry (2017) Dental Check By One.

Public Health Matters – Child dental health (PHE) 2017

Current evidence and guidance on breastfeeding and dental health (PHE) April 2018

Hand washing; <https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/>

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Providing NHS Dentistry

